Definitions:

Gender dysphoria
Distress experienced by some individuals whose gender identity does not correspond with their assigned birth sex. Manifests itself as clinically significant distress or impairment in social, occupational, or other important areas of functioning. The Diagnostic and Statistical Manual of Mental Disorders (DSM-5) includes gender dysphoria as a diagnosis.

Trans*:
Trans* is one word for a variety of identities that are incredibly diverse, but share one simple, common denominator: a Trans* person is not your traditional cisgender man or woman. Beyond that there is a lot of variations.

Transgender:
An umbrella term that applies to a broad range of people who experience and/or express their gender differently from what most people expect.

GLBTQ / LGBT:
Acronyms for “Gay, Lesbian, Bisexual, Transgender and Questioning” or “Lesbian, Gay, Bisexual and Transgender”

Gender Identity:
A person's internal sense of being a man/male, woman/female, both, neither, or another gender.

Transsexual:
A person who with or without medical treatment identifies and lives his or her life as a member of the other gender, other than the one assigned at birth.

Cross-Dressers:
People who wear clothing and/or makeup and accessories that are considered by society to correspond to a gender other than the one assigned at birth.

Transvestite:
An outdated term often considered pejorative used to refer to people who cross-dress.

Male to Female Transgender:
(MTF) or Trans Woman, someone who was born male and transitions to female gender identity.

Female to Male Transgender:
(FTM) or Trans Man, someone who was born female and transitions to male gender identity.

Transition:
A process through which some Trans* people begin to live as the gender with which they identify. Rather than the one assigned at birth. This may or may not include hormone therapy, Sexual reassignment surgery and other medical components.

Any questions or concerns email:
Message Phone: 857-753-4254
Rebecca Jeen: rebeccajeen@vet2vet.lgbt
Rebecca Lynn: rebeccalynn@vet2vet.lgbt

“Gender Dysphoria” is not requirement for this group.

Our group mission is to provide, a safe place to discuss Gender Identity and Transition.
As the group facilitators, we are not VA EMPLOYEES. We are just fellow Transgender Veterans. This is our group, for us to help support each other, families and friends.

What is said in this group is for our ears only.

We do not report to the VA.

LGBT Veteran care coordinators

Brockton VAMC
Heather M. Walton Flynn, Ph.D. : heather.waltonflynn@va.gov

Jamaica Plain VAMC
Jillian Shipherd, Ph.D. : jillian.shipherd@va.gov

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“Each one, Reach one, Teach one.”
“Gladly Teach. Gladly Learn”
“We have been there. We can help”

Vet2Vet.lgbt is part of Vet2Vet Boston
A non-profit organization run by Veterans for Veterans.
Vet2Vet.lgbt Trans* Peer Support Group

Trans* is one word for a variety of identities that are incredibly diverse, but share one simple, common denominator: a Trans* person is not your traditional cisgender man or woman. Beyond that there is a lot of variation. Trans* is an umbrella term that refers to all the identities within the gender identity spectrum.

(This definition was taken from itspronouncedmetroses.com)

OUR 2018 GROUPS

1st and 3rd Thursdays of the month will be at Jamaica Plain VAMC. Meeting are held on the 4th floor by the Women’s MH Clinic in Room 4C-12 from 12:00pm to 1:00pm.

2nd and 4th Thursdays of the month will be at Brockton VAMC. Meeting are held in Building 5 the Mental Health Clinic in Room B-147 from 11:00am to 12:00pm.

During the month of August, we will not be holding any meeting, but we will be covering the call line during normal meeting times.

A conference call line is available for those that wish to call during the meeting times. 1-800-767-1750 follow the prompts and enter code 82120#

1-800-273-8255 PRESS 1

TRANS LIFELINE 1-877-565-8860

If you need someone to talk. Here are two choices for you. You can also contact us in a none emergency.

The Transgender Pride flag was created by American trans woman Monica Helms in 1999 and was first shown at a pride parade in Phoenix, Arizona, United States in 2000. The flag represents the transgender community and consists of five horizontal stripes: two light blue, two pink, and one white in the center.

Helms describes the meaning other transgender pride flag as follows: “The stripes at the top and bottom are light blue, the traditional color or baby boys. The stripes next to them are pink, the traditional color or baby girls. The stripe in the middle is white, for those who are intersex, transitioning or consider themselves having a neutral or undefined gender. The pattern is such that no matter which way you fly it, it is always correct, signifying us finding correctness in our lives.”

Any Veteran who for whatever reason has felt that expressing their gender has been conflicting issue is welcome. We provide a safe, welcoming environment to share our experiences and needs. any questions or concerns email or call: Message Phone: 781-878-1065 . Rebecca Jeen rebeccaJean@vet2vet.lgbt Rebeca Lynn rebecalynn@vet2vet.lgbt

For more information about Vet2Vet/Boston programs at VA Boston contact Rebeccajeen@vet2vet.lgbt