



## Home-Based Primary Care

### What is Home-Based Primary Care?

VA Boston Home Based Primary Care (HBPC) offers primary health care services to Veterans in their home. These Veterans are often diagnosed with chronic medical conditions and/or emotional health problems making it difficult for them to schedule and attend appointments in one of our facilities.

The Home Based Primary care team includes:

- Physician (MD)
- Nurse Practitioner (NP)
- Registered Nurse (RN)
- Social Worker (SW)
- Physical Therapist (PT)
- Occupational Therapist (OT)
- Psychologist
- Dietician (RD)
- Pharmacist (PharmD)

Home-Based Primary Care cares for frail, ill, or disabled Veterans who are at high risk of hospitalization, emergency department care, or nursing home care.

### Am I eligible for Home Based Primary Care?

Veterans who have had a visit in the past 12 months with their VA Boston Healthcare System primary care provider.

Who live within:

- 15 miles of Jamaica Plain VA; or
- 30 miles of Brockton VA ; or
- 10 miles of Lowell Clinic?

Who may benefit from long-term, home health care, **if their needs can be met by home-based primary care.**

You may have a co-pay each time a team member visits your home. This is based on your VA service-connected disability status and financial information. Talk to your social worker to help determine if you will have a co-pay.

Veterans must be willing to transfer VA Boston primary care provider to the HBPC team.

### What services can I get?

Some examples of care provided include:

- Primary care and nursing visits
- Support in achieving and/or maintaining a healthy lifestyle
- Monitoring blood pressure, heart and breathing sounds
- Assisting with organizing medications
- Wound care
- Help with social service needs

- Psychological support
- Nutritional counseling
- Rehabilitation services

HBPC works closely with patients, family and caregivers, using a coordinated team approach.

### How do I decide if it is right for me?

Some important questions to talk about with your social worker and family include:

Do I have a health need that makes me eligible for Home-Based Primary Care?

Is getting to my appointments challenging?

Do I need help managing my medications?

Do I need regular (not to exceed weekly) injections or blood draws?

Could I use additional support with coordinating home and community based services?

Can I afford the co-pay if I have to pay one?

If Home-Based Primary Care seems right for you, please ask a member of your VA Boston primary care team (primary care provider, RN, or social worker) to assist with completing a referral for the program.

### For more information:

Home Based Primary Care at 857-364-6772 or 774-826-1340

